



**What signs pointed to you taking a pregnancy test?
How did you react when it came back positive?**



**What were your family and friend's
reactions to the news?**



**What have your food cravings been
like during the pregnancy?**



How have you felt throughout the pregnancy?



**Have you had any vivid, bizarre, or
funny pregnancy dreams?**



**How do you feel hearing baby's
heartbeat on the monitor?**



**What song(s) or music best reflect this time or
do you have a special pregnancy "song"?**



**What are you most proud of yourself
for so far in this pregnancy?**



**Did you decide to find out baby's gender or wait,
and why? If finding out, was your guess right?**



Describe the process of choosing baby's name.



What are the best and worst things about this pregnancy so far?



What are you and your partner's biggest concerns? Biggest excitements?



Do you have a birth plan? Share what you are hoping for in the birthing process.



Has baby traveled or taken any trips in utero? Where have they gone?



What is your biggest or most special baby gear item received or purchased for baby?



Do you have any guesses about which features baby will inherit from Mom/Dad? Guesses about personality?



How does it feel waiting for your baby to come? (Baby can't come soon enough or more time, please?!)



What has been your go-to clothing or outfit during pregnancy?



Have you been "nesting?" What things is your family doing around the house to prepare for baby?



If not your first baby, what advice would you give yourself this time around? Or what is the best advice you've received?